



## **About your facial**

### **How to prepare**

- It is advised that you do not apply make-up prior to your facial.
- If you do have false eyelashes, please let me know as I will avoid agitating this area.
- Please wear comfortable clothing. I will need access to your neck, upper chest and shoulder area as well as your arms and hands.
- Please inform Bec of any known allergies to products prior to the appointment.

### **During the treatment**

- ✓ You will have privacy to remove/adjust clothing prior to the treatment and I have blankets to keep you warm.
- ✓ I will assess your skin type and use professional vegan friendly products appropriate to your skin type.
- ✓ You will receive massage as part of your facial treatment. This will be to the face, neck, chest, shoulders, arms and hands. If you are not comfortable with any of these parts of your body being touched, please let me know prior to the treatment and I will moderate it for you.

### **After Care**

It is advised that you avoid the following for 24 hours after your facial: -

- Make-up
- Sauna's
- Swimming
- Hot tubs
- Perfumed products on the face

It is also advised that you use moisturiser with SPF in afterwards.

### **Possible contra-effects**

It is common to experience mild redness and outbreaks after the facial. This is normal. The process of a facial is to remove a layer of skin

If you experience extreme redness and itching, please take an anti-histamine and inform Bec as in this case, it is likely that you are allergic to the facial products. This is very rare.