



## **About your Threading**

### **How to prepare**

- Threading is done on the facial area so it is best not to wear make-up.

### **During the treatment**

- ✓ Specialised anti-bacterial thread is used to remove hair
- ✓ The hand method is used (Some people use the mouth method but I do not consider this to be hygienic)
- ✓ Gloves will be worn by Bec during the treatment so please let her know if you have an allergy to latex

### **After Care**

It is advised that you avoid the following for 24 hours after your threading: -

- Saunas
- Swimming
- Hot tubs
- Tight clothing on the area that has been waxed
- Perfumed products on the threaded area.
- Try not to put too thick a layer of moisturiser on as this can block the hair follicle.

### **Possible contra-effects**

It is common to experience mild redness and occasionally blood spotting.

Threading does not usually cause redness and itching like waxing can so please inform Bec if this happens.