



## **About your Waxing**

### **How to prepare**

- Wash and exfoliate the area prior to waxing for optimum results
- Do not apply creams, lotions or moisturisers to the area to be waxed for 24hrs prior to the waxing
- Wear comfortable clothing that allows access to the areas that need to be waxed or that you are comfortable removing for the waxing.

### **During the treatment**

- ✓ You will have privacy to remove/adjust clothing prior to the treatment and I have blankets to keep you warm
- ✓ Warm wax/soft wax is usually used but hot wax is available upon request in advance.
- ✓ Gloves will be worn by Bec during the treatment so please let her know if you have an allergy to latex

### **After Care**

It is advised that you avoid the following for 24 hours after your waxing: -

- Saunas
- Swimming
- Hot tubs
- Tight clothing on the area that has been waxed
- Perfumed products on the waxed area
- Creams, moisturiser and lotions other than those specifically created as an after wax treatment.

### **Possible contra-effects**

It is common to experience mild redness and occasionally blood spotting.

If you experience extreme redness and itching, please take an anti-histamine and inform Bec. This is common but indicates that in future you need to either avoid waxing during certain times of your menstrual cycle (females) or that you need to take an anti-histamine prior to any future waxing.