



About your Waxing

How to prepare for your waxing

- Grow the hair so it is at least ¼ to ½ an inch long
- Wash and exfoliate the area prior to waxing for optimum results
- If possible, do not apply creams, lotions or moisturisers to the area to be waxed for 24hrs prior to the waxing
- Wear comfortable clothing that allows access to the areas that need to be waxed or that you are comfortable removing for the waxing
- Wear loose clothing on the area waxed to avoid the risk of getting an infection afterwards such as folliculitis
- If you suffer severe erythema/redness with waxing, it is recommended that you take an antihistamine prior to the appointment

Types of Waxing

Eyebrows – The waxing will remove hair from above and below the eyebrows as well as between the eyes

Chin – The waxing will remove hair from the chin and neck where required.

Lips – The waxing will remove hair from above the top lip and to the sides of the mouth.

½ leg – The waxing will remove hair from the toes all the way up to above the knee.

Full leg – The waxing will remove hair from the toes all the way up to just below the bikini line.

Back – The waxing will remove hair from the neck to the top of the buttocks.

Chest – The waxing will remove hair from the neck to the top of the pelvis.

Arms – The waxing will remove hair from the lower arms and can extend to the upper arm if required.

Underarms – The waxing will remove hair from the under-arm area.

Bikini – The waxing will remove hair from the bikini line which is basically up to a high knicker line. This is NOT intimate waxing.

What to expect during your waxing

You will have privacy to remove/adjust clothing prior to the treatment starting, and Bec will have blankets to keep you warm where necessary.

Warm wax/soft wax or hot wax is used. These are chosen depending on the area to be waxed as well as your skin type. Usually, soft wax is used for larger areas and hot wax for smaller areas. If you have a preference, please let Bec know.

Gloves will be worn by Bec during the treatment so please let her know if you have an allergy to latex. Lotion containing tea tree oil will be applied after your waxing to assist the skin to recover and offer a natural antibacterial layer.



You should not have waxing if you have . . .

- Sunburn
- A skin infection such as impetigo
- Cold sores if you are having facial waxing
- Conjunctivitis if you are having facial waxing
- Active eczema on the area to be waxed
- Bruised or broken skin on the area to be waxed

You should also avoid waxing in the first trimester of pregnancy

After Care

It is advised that you avoid the following for 24 hours after your waxing: -

- Saunas
- Swimming
- Hot tubs
- Tight clothing on the area that has been waxed
- Perfumed products on the waxed area
- Creams, moisturiser and lotions other than those specifically created as an after wax treatment.

It is common to experience mild redness and occasionally blood spotting. This should stop shortly after your waxing. If it does not, please let Bec know immediately.

If you experience extreme redness and itching, please take an anti-histamine and inform Bec. This is common but indicates that in future you need to either avoid waxing during certain times of your menstrual cycle (females) or that you need to take an anti-histamine prior to any future waxing.

How often can I have waxing?

Waxing exfoliates the top layer of skin, so you need to leave at least a week between waxing sessions on the same area. Usually waxing lasts between 4 and 6 weeks but this varies between individuals and can also change depending on the time of year.