



About your Threading

How to prepare for your threading

- Threading is done on the facial area so it is best not to wear make-up.

What to expect during your threading

You will be lying down on your back on the couch. Bec will prepare the area with make-up remover or micellar water. Bec will be using specialised anti-bacterial thread to remove hair and apply a lotion with tea tree oil in afterwards or wipe again with micellar water.

The hand method is used, and gloves will be worn by Bec during the treatment so please let her know if you have an allergy to latex.

You should not have threading if you have . . .

- Sunburn
- A skin infection such as impetigo
- Cold sores
- Conjunctivitis
- Active eczema on the area to be waxed
- Bruised or broken skin on the area to be waxed

You should also avoid threading in the first trimester of pregnancy

After Care

It is advised that you avoid the following for 24 hours after your threading: -

- Saunas
- Swimming
- Hot tubs
- Perfumed products on the threaded area
- Make up on the treaded area
- Try not to put too thick a layer of moisturiser on as this can block the hair follicle.

It is common to experience mild redness and occasionally blood spotting.

Threading does not usually cause redness and itching like waxing can so please inform Bec if this happens.

How often can I have threading?

As often as you like but it is standard to have a threading appointment every 4 to 6 weeks to maintain the area.